



BRANDON HOUSE HOTEL
& SOLAS CROÍ ECO SPA



Solas Croí Spa Wander in... Float out

OPENING HOURS

Monday - Thursday 10am to 6pm

Friday 10am to 8pm

Saturday & Sunday 9am to 6pm

*Thermal suite closes 30 mins before spa

Pre-booking essential

T:(051)447333 solas@brandonhousehotel.ie www.solascroi.ie

ELEMIS EXPERT™ TOUCH FACIALS

ELEMIS EXPERT™ TOUCH REVEAL FACIAL

Resurface, Smooth & Glow

Resurfacing for stunningly smooth skin

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing. **€110 (50 mins)**

ELEMIS EXPERT™ TOUCH RENEW FACIAL

Hydrate, Lift & Firm

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm. **€110 (50 mins)**

ELEMIS EXPERT™ TOUCH NOURISH FACIAL

Cleanse, Rebalance & Revive

Boost skin radiance with our triple-cleanse facial, using a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

€110 (50 mins)

ELEMIS EXPERT™ TOUCH DEFINE FACIAL

Energise, Rejuvenate & Sculpt

The ultimate facial experience, this innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin **€160 (80 mins)**

SOLAS CROI HARMONISING FACIAL

An introduction to ELEMIS products, these facials consist of a double cleanse, tone, massage, exfoliation, mask, and moisturisation **€90 (40 mins)**

SOLAS CROI TASTER FACIAL

The facial provides an instant pick-me-up for any skin type **€65 (25 mins)**

ADD SOME EXTRA LUXURY TO YOUR TREATMENTS:

ELEMIS EXPERT™ COLLAGEN EYE BOOST €30 (15 mins)

Brighten, Hydrate & Revitalise Elevate your facial experience with our targeted eye treatment add-on, specially designed to brighten, hydrate, and revitalise.

LED ADVANCED RENEWAL MASK €20 (15 mins)

7 in 1 light therapy unleashes the power of LED light to soothe, calm and promote Collagen production benefiting all skin types

ELEMIS EXPERT™ RESTORATIVE HEAD MASSAGE €20 (15 mins)

Rebalance, Restore & Relieve

Combined with your main treatment, our restorative head massage, which is performed without the use of oil, helps to alleviate tension in the neck and scalp, leaving you feeling completely rebalanced

ELEMIS EXPERT™ TECH FACIALS

Treatments where trademark ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine works in combination with the therapist to turbo-charge your facial results

ELEMIS EXPERT™ TECH RADIANCE + REVIVE FACIAL

Rebalance, Nourish & Glow

Revive tired skin with our advanced Ultrasonic Peel, teamed with Oxygen Infusion to plump and Galvanic technology to nourish, leaving your skin rebalanced, nourished and radiant. **€120 (50 mins)**

ELEMIS EXPERT™ TECH SMOOTH + POLISH FACIAL

Reset, Resurface & Brighten

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, LED Light Mask to re-energise and Galvanic technology to nourish, revealing bright, polished and smooth skin. **€120 (50 mins)**

ELEMIS EXPERT™ TECH LIFT + REJUVENATE FACIAL

Revitalise, Strengthen & Define

Restore your skin's vitality with our targeted Microcurrent technology for the ultimate skin lift, Ultrasonic Peel to gently exfoliate, and Oxygen Infusion to plump. Skin will appear renewed, toned and lifted. **€120 (50 mins)**

Course of 5 Treatments €525

ELEMIS EXPERT™ TECH SCULPT + FIRM FACIAL

Revitalise, Strengthen & Define

Our ultimate treatment, this multi-faceted facial is customised to target your skin needs using all 6 BIOTEC technologies for a transformative facial experience like no other. Your complexion will be left revitalised, strengthened and defined. For the ultimate facial experience. **€180 (80 mins)**

SCRUBS AND WRAPS

Frangipani Salt Glow Scrub: A luxurious Mineral Rich Salt and Hibiscus cleanse and exfoliation, with an infusion of exotic Tahitian Monoi Oil and Frangipani Flowers to seal in moisture. **€70 (35 mins)**

Exotic Lime and Ginger Salt Glow: Invigorated, cleansed and polished to perfection. A body exfoliation ritual to invigorate and revitalise the body. Warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

€70 (35 mins)

Cellutox Wrap: A deeply detoxifying blend to decongest and stimulate the system. Let thoughts drift away whilst you are cocooned in a comforting wrap and treated to a de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, this therapy helps refine the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised, and skin is left silky soft and smooth. **€80 (45 mins)**

Musclease Aroma Spa Ocean Wrap: Powerful Seaweed wrap for complete muscle relaxation. Drift away whilst you are cocooned in a comforting wrap and treated to a de-stress scalp treatment. Using a warming blend of Essential Oils, this specialized treatment helps ease aching, tense muscles. **€80 (45 mins)**

Frangipani Body Nectar Nourishing Wrap: The velvety texture of Monoi Oil offers intense hydration to quench thirsty skin. You are kept cocooned in warmth whilst the mood-balancing aromatics and skin-conditioning oils perform their magic. **€80 (45 mins)**

RESTORATIVE BACK TREATMENTS

CLEANSING BACK TREATMENT

For the congested back this treatment starts with a full cleanse tone and exfoliation followed by a relaxing back massage and finished with a detoxifying mask and moisturiser. Leaves back feeling refreshed and hydrated. **€70 (40 mins)**

TENSION RELEASE BACK TREATMENT

A relaxing back treatment to reduce muscle tension for a tired and stressed back starts with a full cleanse tone, followed by a relaxing back massage and exfoliation and finished with a muscle ease clay mask and instant refreshing to sooth refresh and relax the back. Perfect for the over worked back. **€70 (40 mins)**



MASSAGE THERAPIES

FREESTYLE DEEP TISSUE MASSAGE

This deep customised rhythmic massage alleviates stress, eases aching muscles & revives the senses, using specially selected oil. **€100 (55 mins)**

DEEP TISSUE BACK MASSAGE

Specifically targeting the back, shoulders and neck areas, where you need it most. **€70 (25 mins)**

FULL BODY SWEDISH MASSAGE

This ancient stress reliever is ideal for the active body and busy mind. **€95 (55 mins)**

HOT STONE MASSAGE

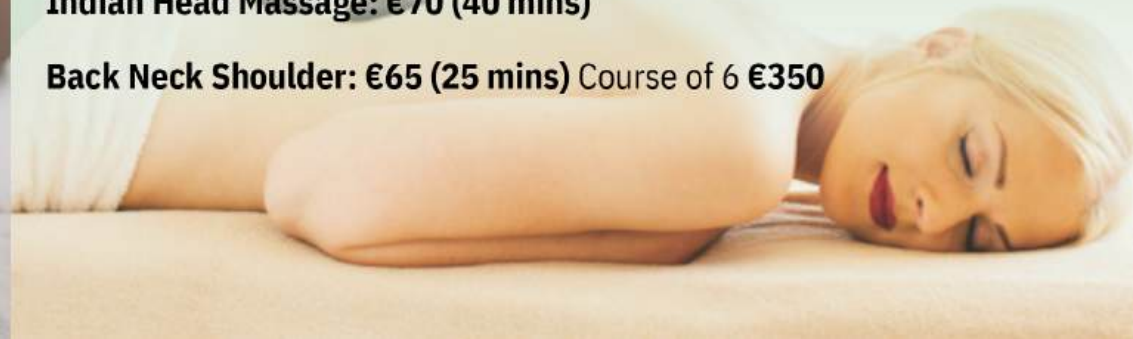
Extremely popular, this massage uses hot stones coupled with freestyle massage techniques to ease the entire body.

Full Body Hot Stone Massage- €115 (70 mins)

Half Body Hot Stone Massage- €75 (45 mins)

Indian Head Massage: €70 (40 mins)

Back Neck Shoulder: €65 (25 mins) Course of 6 €350





HOLISTIC THERAPIES

REFLEXOLOGY

Pressure points in your feet are massaged to relieve energy that flows through the zones of your body and causes it to heal itself. Pressure is applied at special sites which affect the associated area of your body, bringing about both physical and mental healing processes and creating a total balance of mind, body, and soul. **€75 (50 mins)**

Course of 6 **€395**

EAR CANDLING

To experience a feeling of warmth and soothing within the ear, balancing pressure in the ears and sinuses and relieving pain leading to better hearing, clearer breathing, and a heightened sense of smell after treatment. **€65 (45 mins)**



PREGNANCY TREATMENTS

ELEMIS Peaceful Pregnancy Massage: This intuitive, restorative and relaxing massage for mothers-to-be deeply hydrates skin that is expanding to accommodate a growing baby. Aromatics are specially selected for optimum wellness and deep calm. **€95 (55 mins)**

ELEMIS EXPERT™ TOUCH Pregnancy Facial: Specially designed to help with hormonal breakouts and to give you that gorgeous pregnancy glow. The Oxygenated Mask will clarify and even out skin tone while alleviating excess pigmentation. **€110 (50 mins)**

Solas Croí Lighter Legs: A mineral-rich exfoliation of the lower legs, cool towel wrap to sooth inflammation and swelling of the lower legs and ankles and relaxing lower leg and foot massage, this treatment will combat poor circulation, water retention and aching tired muscles . **€65 (30 mins)**

Solas Croí Gorgeous Glow Top to Toe: Complete Top to Toe experience combining the ELEMIS EXPERT™ TOUCH Pregnancy Facial and Lucky Legs Lighten up Therapies. **€160 (1hr 15 mins)**

Pure Indulgence package: Relax in the Thermal Suite followed by an ELEMIS Peaceful Pregnancy Massage, a Solas Harmonising Facial followed by a Solas Croí spa healthy lunch **€175.00 (Allow up to 4 hours)**

ELEMIS EXPERT™ TECH FACIALS

Express Treatments

Express treatments suitable for busy clients who would like the benefits within their schedule, on your lunch break or before a night out.

BIOTEC Lift & Rejuvenate €45 (25 mins)

Skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation,

BIOTEC Advanced Eye Revival €45 (25 mins)

Attention specifically for lifting and smoothing fine lines around the eyes

Pro Definition Neck Treatment €45 (25 mins)

Targeting neck and jawline including lifting neck and jowl massage and microcurrent firming muscle contouring

LED Advanced Renewal €30 (25 mins)

Illuminate your skin with our LED facial mask and enhancement. Discover the power of the innovative ELEMIS 7 in 1 light mask to calm, soothe and energise, leaving your skin visibly refreshed and glowing.

SPA PACKAGES

Solas Croi Signature Spa Package: Go all out!! Arrive in the morning and enjoy full use of the thermal suite before starting with a full body lime and ginger exfoliating scrub. After this relax into a full body nourishing massage using specially selected oils. Take a break and enjoy a light lunch at this point before finishing with the phenomenal ELEMIS EXPERT™ TOUCH RENEW Facial . Wander in, float out!! **€245 Allow up to 5 hours**

Pure Indulgence: Relax in the Thermal Suite followed by a Full Body Massage, Solas Harmonising Facial then enjoy a healthy lunch in our Solas Croí Bistro. **€175 (Allow up to 4 hours)**

ELEMIS Face & Body Sensation: Experience the ultimate Elemis dual treatment. Let our skilled therapists relieve stress and aching muscles with a sensational massage incorporating the healing effects of hot stone. Then once fully relaxed be treated to a prescription ELEMIS EXPERT™ TOUCH RENEW Facial specifically designed for your skin's needs. **€160 (1hr 45 mins)**

Recharge and Revitalise: Soothing warm back massage followed by one of our ELEMIS EXPERT™ TECH FACIALS. **€150 (1hr 30 mins)**

A Treat for Her: Soothing Back Neck and Shoulder massage followed by a Solas Harmonising facial. **€135 (1hr 5 mins)**

A Treat for Him: An Indian Head Massage followed by Solas taster facial & scalp massage. **€135 (1hr 5 mins)**

Exotic Delight: After being scrubbed top to toe with salt lime and ginger body scrub, finish with a delightful warm full-body massage. **€155 (1hr 30 mins)**

Frangipani Full Body Cocoon: Experience Frangipani Salt Glow Scrub and Frangipani Body Nectar Nourishing wrap, includes facial ritual. **€145 (1hr 15 mins)**

Quick Treat Package: Back neck and shoulder massage & Solas taster facial **€120 (50 mins)**

THERMAL SUITE

Facilities include Sauna 95 degrees, Steam Room, Sanarium, Jacuzzi, Outdoor cold Plunge Pool, Alpha Sphere Relaxation beds, foot baths, Via Sensus Reflexology Walk, Bistro area.

Thermal Suite Non-Residents: Up to 2hrs use **€35**

Residents: Up to 2hrs use **€25**

Thermal Suite with Afternoon Tea: €75 per person

SPA MEMBERSHIP

3 months €250 -20% discount on treatments unlimited access to the thermal suite.

6 months €400 -10% discount on products 20% discount on treatments unlimited access to the thermal suite.

1 year €650 - 10% discount on products 20% discount on treatments Unlimited access to the thermal suite and 1 X 30 minute Indian Head Massage per month (midweek only) **Essential to pre book.**



BEAUTY AT SOLAS CROÍ SPA

EYELASH EXTENSIONS

Classic **€65** Refill **€50**

**Refills 1 – 3 weeks only after full set application*

Hybrid **€70** 1hour 45 Refill **€55**

Volume **€80** 2 hours Refill **€65**

Weekend lashes **€40**

EYELASH ENHANCEMENTS

Eyelash Tint **€20**

Lash Lift **€65**

EYEBROW ENHANCEMENTS

Henna **€45**

Lamination **€55 (60 mins)**

Eyebrow Tint **€15**

EYE TRIO

Lash & Eyebrow Tint & Trim **€35**

MAKE UP APPLICATION

Make up **€35 (35 mins)**

Make up with Strip lashes **€40 (40 mins)**

Make up with individual lashes **€45 (45 mins)**

Bridal Make up with trial **€90 (90 mins)**

Trial Make up **€50 (60 mins)**



BEAUTY AT SOLAS CROÍ SPA

NAILS

File and Paint **€25**

Mini Manicure **€30 (25 mins)**

Mini Pedicure **€35 (25 mins)**

Manicure **€55**

Pedicure **€60**

Shellac **€40**

Shellac removal **€15**

Shellac removal and re-application **€45**

Gel overlay **€50**

Gel overlay removal **€20**

Gel extensions **€65**

Gel refills **€50** 3 weeks or over is full set

Removal **€20**

Nail Art including: French tips, Ombre,

Complex design **€20** (15 mins)

Lycon Waxing Treatments

Half leg **€25**

Full leg **€35**

Bikini **€25**

Full Leg & Bikini **€55**

Californian **€35**

Brazilian **€45**

Hollywood **€60**

Under arm **€20**

Brow, lip & chin wax **€30**

Brow wax **€15**

Lip wax **€10**

Chin Wax **€10**

Sides of Face **€10**

**Patch Testing
May be Required**



ADDITIONAL INFORMATION

Age Restrictions – Solas Croi Day Spa is an adult-only facility.

Booking is essential and will only be confirmed upon receipt of credit card details.

Booking - Booking is essential and will only be confirmed upon payment of 50% on all treatments.

Thermal Suite – You are invited to use our exclusive Thermal Suite Facilities for 1 Hour before your spa treatments over €65. This is not included in beauty treatments or express beauty. Thermal Suite may be added or additional time over the complimentary 1 hour for €20 per person.

Lateness – It is essential to arrive 15 minutes before your appointment. Lateness may result in a shortened treatment time but will not affect pricing. Please make staff aware upon booking if you or a member of the group are pregnant.

Cancellation Policy – As a courtesy to our other guests please give at least 72 hrs' notice if you need to cancel. Please note that you will lose your deposit if cancelling after this time

Etiquette – You will be provided with a Robe and a Towel on arrival. Please, bring your own swimwear and flip flops as this is essential in Thermal Suite Area. Also, you can purchase flip flops for €5 at the Spa reception desk. We ask that all guests respect the privacy of others and that noise levels are kept to a minimum.

Pregnancy - Please make staff aware on booking if you or a member of your party is pregnant.

No smoking or vaping permitted within the Spa or on the balconies, please ask the staff for directions to the nearest designated heated smoking area.

No access will be permitted to people under the influence of alcohol.

Personal Property- Solas Croí Spa accepts no responsibility for the loss or damage of personal property. Lockers are provided for safe storage of personal items.

WE ASK THAT YOU DO NOT PLACE JEWELLERY OR OTHER VALUABLES IN THE POCKETS OF YOUR ROBE WHILE USING THE SPA FACILITIES.

Prices are correct at the time of print but may be altered without prior notice.

All relevant medical information must be given when filling out the medical consultation.

